

## ROCC Summer Short Breaks:

The Rivermead Outreach Community Challenge will be running Tuesday 26<sup>th</sup> July to Friday 19<sup>th</sup> August 2016. Each day will run from 9 - 3pm \*Please note that all days will include access to a 'quiet/chill out' space where learners can spend time away from other learners if they become overwhelmed or they just need some personal space.

	Monday 25 <sup>th</sup> July	Tuesday 26 <sup>th</sup> July	Wednesday 27 <sup>th</sup> July	Thursday 28 <sup>th</sup> July	Friday 29 <sup>th</sup> July
		Fun in the Sun!	'Day Out'	Lights...Camera...Action	Day Out
Daily Activities	Staff Training	<p><u>Activity 1</u> Lets get outdoors and make our mark! From large scale painting and chalking to finding those green fingers be prepared to get messy!</p> <p><u>Activity 2</u> Movie Mania Always wanted to be a critic, now's your chance. Join us for a movie and popcorn then have a chat about the best and worst bits!</p> <p>These will be ongoing all day and young people can pick and choose as they wish.</p>	<p>Shorne Country Park</p> <p>Today, you will have the opportunity to compete in a scavenger hunt! Work in teams to find all the items. Prizes to be won!</p> <p>Lunch will be eaten at the park.</p> <p>In the afternoon, bring the item back and with your teams build something exciting Prizes to be won here too!</p>	<p>Stop Animation.</p> <p>Create your own 'Wallace and Gromit' with our stop animation workshop. Young people have the opportunity to experiment with Lego, plastercine, playdough (to name but a few) to create their own characters, background etc Young people will learn to story board, create, film and finalise their piece.</p>	<p>Hollywood Bowl.</p> <p><u>This trip includes</u></p> <ul style="list-style-type: none"> <li>- Adult sized meal</li> <li>- Unlimited Drink</li> <li>- Travel there and back.</li> </ul> <p>In the afternoon there will be a chance to access social groups and a chill out room.</p> <p>There is an additional contribution of £5 for this activity</p> <p>Due to the nature of the travel arrangements there are only 13 spaces on this day, these are first come, first served.</p>

	Monday 1 <sup>st</sup> August	Tuesday 2 <sup>nd</sup> August	Wednesday 3 <sup>rd</sup> August	Thursday 4 <sup>th</sup> August	Friday 5 <sup>th</sup> August
	Day Out	You Can Cook!	Workshops	Workshops	Day Out
Daily Activities	<p><b>Gravity</b></p> <p>Bounce the weekend away with a morning at Gravity.</p> <p>Wall-to-wall trampolines - jump platforms, foam pit, tumble tracks and Slam Dunk area provide the best ways to let off steam!</p> <p><b>Please note: There is an additional contribution of £3 due required socks.</b></p>	<p>Ever wanted to learn to cook?</p> <p>Join us for a day in the kitchen! You will learn how to budget, shop and cook a main meal and dessert.</p> <p><b>Please note: There is an additional £3 contribution for this activity.</b></p>	<p><b>Let's Get Fit!</b></p> <p>We have a personal trainer joining us for the morning to put us through our paces!</p> <p>Learn how to use the gym equipment as well as participate in circuits, outdoor activities and much more!</p> <p>Spend the afternoon relaxing with free choice activities!</p>	<p><b>Zoo Lab Visit</b></p> <p>We have a variety of animals coming to visit us for the day! From small and fluffies to creepy crawlies you can touch and handle these amazing creatures and learn all about them from their handler Charlie.</p>	<p><b>Blue Reef Aquarium</b></p> <p>Gaze in awe at the colourful underwater world at the aquarium before taking a stroll along the coastal front.</p> <p><b>NB: If you wish to buy lunch while we are there please bring spending money.</b></p>

	Monday 8 <sup>th</sup> August	Tuesday 9th August	Wednesday 10th August	Thursday 11th August	Friday 12th August
	Dragons Den	Gemma's Farm	Superhero Day	Day Trip	Choice Day
Daily Activities	<p>Your task is to create a product that you could use to make life easier around the house!</p> <p>Use whatever you can find to build your product and then sell it to our very own team of dragons....who have their cheque books waiting!!!</p>	<p>Join us onsite for a day of farm filled fun!</p> <p>Gemma's farm are coming to share their wonderful animals with us and teach how to look after them and learn the day to day routines of the farm!</p>	<p>It's time to let those inner superhero's out!!</p> <p>Unleash those costumes and join us for a day of designing our very own superhero's.</p> <p>Create our own superhero, design their costume, their superpower and think about their skill and strengths.</p> <p>The day will finish with drama style live action roleplay!</p>	<p>Cycle your way around.</p> <p>We are off to the Cyclopark</p> <p>You will be fitted for a bike and helmet just for you before you are able to be let loose around the venue to practise your skills. We will have a tutor on hand to advise and support.</p> <p>Due to the nature of the hire, there is an additional £3 contribution for this trip.</p>	<p>A 'free choice' day where a selection of activities will be on offer for all young people. This will include: access to a 'chill out room', games time, sports activities, access to laptops, messy play, social groups and team building activities.</p>

	Monday 15 <sup>th</sup> August	Tuesday 16th August	Wednesday 17th August	Thursday 18th August	Friday 19th August
Daily Activities	Journalism Day	Messy Play Day	Picnic at Capstone	Beach Trip	Rare Breeds Centre
	<p>Choose a person/celebrity/animal/object etc. that you would like to create a crazy or far fetched story about. Design a newspaper article /news report for this story.</p> <p>Next is a "press conference, where everyone can raise their hands and ask the ones presenting questions acting as if you are from a newspaper!</p>	<p>Explore different colours and textures with these amazing experiments that will get all those senses tingling!</p> <p>Please bring a change of clothes....just in case!</p>	<p>Explore the outdoors and make the most of our local surrounding with a country walk and picnic at Capstone Park.</p> <p>After lunch we will return to site for a relaxed afternoon of own choice activities.</p>	<p>Enjoy some splashing in the sea and building castles in the sand. We are off to the beach for a day of frolicking and fun by the seaside.</p> <p>NB: Spending money is welcome for this trip.</p>	<p>Come and explore the wonders of the Rare Breed Centre where you will be able to:</p> <ul style="list-style-type: none"> <li>• 'Meet the Animals'</li> <li>• Woodland Walks</li> <li>• Wildlife and Discovery Garden</li> <li>• Hill Fort and Assault Course <ul style="list-style-type: none"> <li>• Tube Maze</li> <li>• Pig Racing</li> </ul> </li> </ul> <p>Birds of Prey display (subject to weather)</p> <p>Due to the nature of some additional activities there will be a £3 additional cost.</p>